

# UMBH UNIVERSITY OF MIAMI BEHAVIORAL HEALTH

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Dear SFCCN Provider:

University of Miami Behavioral Health (UMBH) is the managed behavioral health care organization that manages the behavioral health benefits for the South Florida Community Care Network (SFCCN) in Broward County. As a SFCCN partner UMBH is committed to providing enrollees with the assistance, guidance, information and resources that they need to successfully address any behavioral health issues.

UMBH has developed several preventive health programs to help enrollees and their families identify and address behavioral health conditions. One of these preventive health programs is our **Post-Partum Depression Program**. According to information published by the American College of Obstetrics and Gynecology, 70-80% of woman experience post-partum mood changes or “baby blues” after giving birth. Of these woman, 10% suffer from more sever post-partum depression.

We would like to offer our assistance in screening and providing assistance to the SFCCN patients you care for, who may be at risk or are showing early signs and symptoms of post-partum depression. UMBH has a case management team comprised of licensed master’s level practitioners that can guide your patients to the necessary resources and support. We have included with this letter an informational pamphlet that you can provide to the SFCCN patients you identify as requiring a referral to a behavioral health practitioner.

UMBH has a network of over 1000 behavioral health providers including psychiatrists, psychologists, psychotherapists, community mental health centers, treatment programs, and acute care facilities. If you have any questions regarding this initiative or would like to provide UMBH with feedback, please do not hesitate to contact us. Our telephone number is 1-800-294-8642 or 305-243-7270, option 2 and option 2. We thank you in advance for your support of the **Post-Partum Depression Program**.

Sincerely,

Claudia Lamazares, M.S.Ed., LMHC, MBA  
Director of Clinical Operations  
University of Miami Behavioral Health  
Miller School of Medicine, University of Miami